

## CELEB DISH

### Billy Joel's Grilled Tuna & Marinated Cucumber Salad



- ¼ c. teriyaki sauce
- ¼ c. fresh lemon juice
- 1 Tbsp. chopped fresh parsley leaves
- ⅔ c. plus 1 tsp. olive oil
- Salt and pepper
- 2 fresh tuna steaks (8 oz. each)
- 2 med. cucumbers, peeled, seeded, and thinly sliced
- ¼ c. white wine vinegar
- 1 Tbsp. chopped fresh cilantro leaves
- ½ sm. onion, thinly sliced (optional)

**1.** In glass pie plate or bowl, combine teriyaki sauce, lemon juice, parsley, ⅔ cup oil, and ¼ teaspoon black pepper. Add tuna steaks, making sure fish is completely covered by marinade. Cover; refrigerate at least 1 hour or overnight.

**2.** In bowl, combine cucumbers, vinegar, cilantro, 1 teaspoon oil, ¼ teaspoon each salt and pepper, and onion if using. Cover; refrigerate at least 1 hour or overnight.

**3.** Remove tuna from marinade; discard marinade. Preheat ridged grill pan or prepare outdoor grill for covered direct grilling on medium-high. Cook tuna 4 to 6 minutes or until browned on both sides but still pink in center, turning once.

**4.** Drain cucumber salad. Break tuna into chunks and add to salad. Serves 2.



### MY STAY-SLIM SECRET

“It’s so hard to schedule workouts, so I try to do activities with my friends—instead of going to the movies on Saturday, we’ll go play Ultimate Frisbee or go hiking with the dogs or go bike riding. Something that’s social, but also gives you a workout.”

—Kristen Bell



### Why I Give Melina Kanakaredes

Melina Kanakaredes, who stars on *CSI: NY*, shares why she supports St. Jude Children’s Research Hospital:

“I support St. Jude because it is the only pediatric cancer center

where families not covered by insurance never pay for treatment. St. Jude also shares its discoveries with scientific and medical communities. Best of all, St. Jude gives hope to its patients and their families and makes a difference in their lives. Oh, and my daughters and I adore the Loukoumi series of children’s books (loukoumi.com) by Nick Katsoris. Two dollars are donated to St. Jude every time one of the books is sold, and the stories teach kids that it’s fun to do something nice for others.”